

Shawn Copeland Bio:

350+ Word Bio (Full Length Bio):

Clarinetist Shawn L. Copeland is a multidimensional musician, pedagogue, and entrepreneur whose talents have made him a leader in both the performance and musician wellness spaces. He founded [mBODYed, LLC](#), a new program specializing in Alexander Technique and Body Mapping Training for musicians, actors, and dancers. Copeland joined the faculty of the Lionel Hampton School of Music at the University of Idaho, where he held the position of Associate Professor of Clarinet from 2014-2024.

A staunch advocate for new music, Copeland is a founding member of *TOSCA DUO*, *Hammers & Reeds Trio*, and *Relevants Wind Quintet*. These chamber groups seek to champion new music by creating innovative performances and commissioning projects. His ongoing work with composer Carlos Velez has resulted in a growing body of solo and chamber music for clarinet, including three quartets, two duos, a sextet, a solo suite, and an album of the composer's works. Many of these works have been premiered at the International Clarinet Association's ClarinetFests in 2005, 2006, 2014, 2016, and 2017. *Of a Song*, a Hammers & Reeds Trio commission, premiered at the 2015 International Double Reed Society Conference in Tokyo, Japan. These chamber groups have also resulted in several recorded albums, Copeland's most recent recording project, *Pulse: The Collected Works of Carlos Velez*, includes the Pulse Sonata with Rajung Yang (piano) as well as three clarinet quartets featuring the Velez Clarinet Quartet (Copeland, Chris Kirkpatrick, Lynn Musco, and Jessica Speak). Copeland has also been featured on two albums with *TOSCA DUO*: a self-titled debut album and another, entitled *Dimensions*, with Rajung Yang (piano). Copeland is a strong supporter of creating equity in the arts. His upcoming projects celebrate diverse people groups and voices, including the recording of works by Nansi Carroll and a recording project entitled *Heros and Icons* that commemorates the LGBTQIA Fight for Civil Rights.

As an avid orchestral and chamber musician, Copeland has occupied the principal clarinet chair with the Washington/Idaho Symphony Orchestra, e-flat/bass clarinet with the Greensboro Symphony Orchestra, e-flat clarinet with the Winston-Salem Symphony, principal clarinet of the Fibonacci Chamber Orchestra and the Novus Chamber Ensemble, co-principal of Southern Winds, and performed with the North Carolina Symphony, the Fayetteville Symphony Orchestra, the Orlando Philharmonic Orchestra, and the Bach Festival Orchestra of Winter Park, FL.

In addition to his vibrant performance career, Copeland is an accredited teacher of the Alexander Technique and a specialist in Body Mapping. His interest in Alexander Technique and Body Mapping began in 1997 at the Brevard Music Center. It was here where Copeland's passion surrounding holistic teaching began. He believes in the inclusion of the body in the creative process and strives to create a safe place for the whole person to learn. His pedagogy teaches that the body represents lived experiences and seeks to affirm these experiences while helping students grow. Through his work with performing musicians, he

has helped hundreds of musicians improve their performance and understand the nature of their performance-related injuries. He currently serves as a training mentor and Chair of the Diversity, Equity, Inclusion and Belonging Committee, with the Association of Body Mapping Education, and is a sponsoring teacher with Alexander Technique International. He is also the Co-Founder and Co-Director of Inter-Mountain Alexander Training, a new program that trains teachers of the Alexander Technique. He is the co-author of *Body Mapping for Clarinetists* and *Breathing for Clarinets*, and the upcoming publication, *The mBODYed Breathing: Body Mapping, Breathing, Balance, and Belonging*.

Copeland's entrepreneurial background combined with his studio and classroom teaching experience has led him to become a sought-after clinician. He travels extensively, giving masterclasses and lessons at universities and conferences throughout the country.

Copeland holds degrees a Doctor of Musical Arts from the University of North Carolina at Greensboro, a Master in Music from the University of North Carolina at Greensboro, a Bachelor of Music from Stetson University, and a Master of Arts in Non-Profit/Arts Management from the University of Central Florida. He has advanced certificates in Diversity, Equity, and Inclusion from Cornell University, Somatic Trauma Therapy from The Embodied Lab, and Performing Arts Injury Prevention Education from the Performing Arts Medical Association. His Primary teachers include Kelly Burke, Lynn Musco, and Frank Kowalsky.

Shawn Copeland is a Performing Artist and Clinician for Buffet Crampon U.S.A., Gonzalez Reeds, Inc., and the Silverstein Group.

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Orchestra, and the Novus Chamber Ensemble, co-principal of Southern Winds, and performed with the North Carolina Symphony, the Fayetteville Symphony Orchestra, the Orlando Philharmonic Orchestra, and the Bach Festival Orchestra of Winter Park, FL.

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